



PREAMBLE

Remix Recovery is not a program, a service, or a system of care. It is not a gimmick, a quick fix, or the “next big thing.” Instead, Remix Recovery is a process for rediscovering your authentic self, free from stigma, judgment, and the expectations of others. It can serve as a guide to help you build, cultivate, and lead a brave space that will facilitate profound growth and change. It is not a new concept. It is based on well-established, time-tested principles that are so intuitive they will seem practically obvious once you understand them.

Whether you choose to join the Remix Recovery community or simply incorporate these principles into your life, we encourage you to cultivate a brave space and rediscover your most authentic self. It is our sincere hope that you discover what so many of us who have embarked on this journey know to be an indisputable truth: you can regain control of your life and build a brighter future beyond your wildest dreams!



Let the Remix Recovery journey begin...